



Website Terms and Conditions — Yasmina Louise Nutrition

Last updated: 5 December 2025

By using this website, you agree to these Terms and Conditions. Please read them carefully before using www.yasminalouisenutrition.co.uk (“Our Site”). If you do not agree, please stop using Our Site immediately.

These Terms and Conditions work alongside our **Privacy Policy** and **Complaints Procedure**.

1. Definitions

Content: Any text, images, audio, video, scripts, code, or other information on Our Site.

We/Us/Our: Yasmina Louise Abbas, sole trader trading as Yasmina Louise Nutrition.

2. Information About Us

Our Site is operated by Yasmina Louise Abbas, sole trader under the name Yasmina Louise Nutrition.

Email: yaslounutr@gmail.com

I am regulated by the **Association for Nutrition**.

3. Access to Our Site

- Access is free of charge.
- We provide Our Site on an “as is” and “as available” basis.
- We may suspend or discontinue parts of the Site at any time, but will try to give reasonable notice.

4. Changes

- We may update Our Site to reflect new evidence, services, or legal requirements.



- We may update these Terms and Conditions at any time. The latest version will always be posted here.

5. International Users

Our Site is operated from the United Kingdom and complies with UK law. It is accessible worldwide, but we do not guarantee that the Content is suitable for use outside the UK. If you access the Site from another country, you are responsible for complying with local laws.

6. Intellectual Property

- All Content belongs to or is licensed to Yasmina Louise Abbas.
- You may view, download, or print Content for personal use only.
- You must not modify or use Content for commercial purposes without permission.
- Please always acknowledge Yasmina Louise Nutrition as the source.

7. Links

- You may link fairly and lawfully to Our Site.
- You must not suggest endorsement or use our logos without permission.
- We are not responsible for third-party websites linked from Our Site.

8. Disclaimers

- Content is for general information only and does not replace professional advice.
- We make reasonable efforts to keep Content accurate but cannot guarantee it.
- Business users: all implied warranties and conditions are excluded.

9. Liability

- Nothing excludes liability for fraud, negligence causing death/personal injury, or other non-excludable rights.
- Business users: we are not liable for loss of profit, business, goodwill, or indirect damages.

- Consumers: Our Site is for personal use only. We are not liable for business losses.
- If digital content damages your device due to our failure to use reasonable care, we will repair or compensate.

10. Viruses and Security

- We take care to keep Our Site secure but cannot guarantee it.
- You must not introduce malware, attempt unauthorised access, or attack Our Site.
- Breaches may be reported to law enforcement.

11. Acceptable Use

- You must use Our Site lawfully and not for fraudulent, harmful, or offensive purposes. Breaches may result in suspension, legal action, or reporting to authorities.

12. Personal Information

- We use your personal information only as set out in our **Privacy Policy**.

13. Communications

- We may send important notices by email.
- Marketing emails are only sent with your consent and include an unsubscribe link.
- You can opt out at any time.

14. Law and Jurisdiction

- These Terms and Conditions are governed by English law.
- Consumers benefit from mandatory protections in their country of residence.
- Disputes will be handled by the courts of England, Wales, Scotland, or Northern Ireland (depending on your residency).

Yasmina Louise Nutrition



- Business users: disputes will be handled exclusively by the courts of England and Wales.